12	SPORTS	HEALTH	PHOTOGRAPHY
	1. Yoga - 6 days a week	1. Quit binge drinking	1. Music - Shoot Coachella, try to get a photo pass
	2. Climbing - once a month	 Back to vegetarianism 3. 	2. Travel - Publish coffee table book
	3. Snowboarding - 3x a month in season	5.	3. Fashion - 1 shoot a month
	DESIGN	FUN SHIT	UNCOMFORTABLE SHIT
	1. Get rolling on agency with Spicer	1. NON-DRINKING activities - once a month	1. No drinking in January
	2. Get an intern	2. Read 2 books a month - one NF, one fiction	2.
	3. No more sending designs the second I think they're finished. Take 24 hours.	3. Plan next trip abroad - "mini-retirement"	3.
	RELATIONSHIPS	THE BLOG	FOOD
	1. Honesty	1. Post 2x a month	1. New dish every week
	2. LISTEN - don't interrupt so much	2. Save drafts, wait 24 hours	2. Take a cooking class
	3.	3.	3.

"Your mind will answer most questions if you learn to relax and wait for the answer."

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"To climb steep hills requires a slow pace at first."

- William Shakespeare

Alice: I simply must get through!

Doorknob: Sorry, you're much too big. Simply impassible.

Alice: You mean impossible?

Doorknob: No, impassible. Nothing's impossible.

> - Lewis Carroll's Alice in Wonderland

"Be daring, be different, be impractical, be anything that will assert integrity of purpose and imaginative vision against the play-it-safers, the creatures of the commonplace, the slaves of the ordinary." "It's really clear that the most precious resource we all have is time."